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Comparative study of the effect of bFGF and plasma rich in growth factors on cryopreserved multipotent mesenchymal stromal cells from bone marrow and tendon of rats



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ABSTRACT

THE PURPOSE of study was to investigate *in vitro* effects of growth factors, known as cell proliferation stimulants, to determine the most suitable agent for enhancing the proliferation and migration activity of cryopreserved multipotent mesenchymal stromal cells (MMSCs) derived from bone marrow and tendon tissue.

MATERIALS AND METHODS. MMSCs were obtained from bone marrow and tendon tissues of rats. Cryopreservation was carried out under the protection of 10 % DMSO with the addition of 20 % fetal bovine serum at a cooling rate of 1°C/min to -80°C and subsequent freeze in liquid nitrogen. During the cultivation of the cryopreserved MMSCs, basic fibroblast growth factor (bFGF) and plasma rich in growth factors were used. The ability to proliferation (MTT assay), migration (*in vitro* scratch assay), and the synthesis of collagen type I (immunocytochemical study of collagen type I expression) were evaluated.

RESULTS. The use of plasma rich in growth factors contributes to increasing the ability of cryopreserved MMSCs from bone marrow to proliferate and migrate, associated with decreasing in the relative number of cells that express collagen type I. Cultures of cryopreserved MMSCs from the tendon tissue exhibit greater sensitivity to the bFGF compared to the plasma rich in growth factors that have a manifestation in the increasing of cell proliferation and migration ability.

CONCLUSIONS. bFGF and plasma rich in growth factors can be used as stimulants for stromal cell cultures.

KEYWORDS: multipotent mesenchymal stromal cells; bone marrow; tendon tissue; basic fibroblast growth factor; plasma rich in growth factors

Reparative regeneration processes in the tendons require much more time than in other connective tissues, which is due to their hypoxic and hypovascular structure [1]. Therefore, the development of new biotechnological approaches aimed at accelerating the recovery of the tendons will contribute to reducing the temporal disability and reduce the disability of patients after injuries of the musculoskeletal system.

Today, one of the effective tools for regenerative medicine is the use of growth factors produced by many cells, as well as *in vitro* cultured cells themselves, including multipotent mesenchymal stromal cells (MMSCs). Isolation and cultivation of cells of mesenchymal origin from organs and tissues is the first stage of obtaining material for the use in regenerative

medicine for the treatment of pathologies of various genesis: diseases of the musculoskeletal system, neurological, gynecological, cardiovascular diseases, etc. [2-5]. In addition, the immunomodulatory properties of mesenchymal cells can be used for autoimmune diseases [6] and for immune correction in transplantation [7].

MMSCs can promote regeneration not only through direct cell differentiation, but also via secretion of growth factors, which are among the most important multifunctional molecules involved in regeneration [8-10]. For example, family of fibroblast growth factors (FGF) are one of the key factors that can contribute to the restoration of biomechanical and histological properties of damaged tendons [11]. Other cytokines

also enhance the regeneration of tendons: transforming growth factor- β (TGF- β), basic fibroblasts growth factor (bFGF), platelet-derived growth factor (PDGF), insulin-like growth factor (IGF-1), epidermal growth factor (EGF) and vascular endothelial growth factor (VEGF) [12].

However, in order to enhance the effect of MMSCs *in vivo* and *in vitro* (accelerating the rate recovery of tissue, cell proliferation and migration), additional components, in particular, the indicated growth factors are necessary. One of their main sources in the body is the blood from which modern biotechnological methods can obtain various products: L-PRP (leucocyte and platelet-rich plasma; P-PRP (pure platelet-rich plasma; P-PRF (pure platelet-rich fibrin); L-PRF (leucocyte and platelet-rich fibrin) [13, 14]. All of these derivatives contain a different ratio of growth factors: hepatocyte growth factor (HGF), TGF- β , PDGF, IGF-1, VEGF, EGF, thrombospondin 1 [15, 16]. That is why these preparations have been widely used in regenerative medicine.

The use of plasma rich in growth factors (PRGF) derived from P-PRP in modification [17] contributes to the restoration of tendon and cartilage tissue [18, 19]. In addition, it is known that bFGF and PRGF are capable of stimulating the proliferation of MMSCs and regulating their differentiation into tenocytes [20]. In recent years, more in-depth studies of PRGF have led to the discovery of a much more complex system of interactions between the factors involved in it and the cells or target tissues they are exposed to [21, 22]. These factors are responsible for complex signals not only in the system of intercellular interactions, but also serve as an intermediate link between hormones and cytokines.

In the previous work, we investigated the morpho-functional characteristics of cryopreserved MMSCs derived from bone marrow, adipose and tendon tissues, and found that MMSCs of the tendon tissue (TT-MMSCs) were characterized by greater colony-formation, proliferation, and lower directed differentiation potency than MMSCs from bone marrow and adipose tissue [23].

In order to provide a basis for further research in the field of regenerative medicine, an *in vitro* study of the effects of the growth factors bFGF and PRGF, known as cell proliferation inducers has been carried out. It was aimed to determine the most suitable agent for enhancing the proliferative and migration activity of MMSCs obtained from the bone marrow or tendon tissue and the subsequent development of an experimental evaluation system for selecting the optimal cell source for the treatment of musculoskeletal tissues injuries.

According to the literature data, the bFGF content in the PRGF has a low concentration compared with other growth factors, which is insufficient to enhance the proliferative activity of cells, if we consider this factor separately [18]. However, the growth factors that are part of the PRGF, depending on the dose, can multiply the effect of each other and act synergistically [22]. In the present *in vitro* study, we used the autologous system of PRGF and MMSCs to support further *in vivo* studies. In addition, bFGF at concentration of 15 ng/ml was used as an inductor of MMSCs proliferative activity [11, 20].

The **PURPOSE** of the study was to investigate *in vitro* effects of bFGF and PRGF on proliferative and migration activity of cryopreserved MMSCs derived from bone marrow and tendon tissue.

MATERIALS AND METHODS

All manipulations with animals were carried out in accordance with the international principles of bioethics and in compliance with the Law of Ukraine «On the Protection of Animals from Cruelty» (2006), «European Convention for the Protection of Vertebrate Animals Used for Experimental and Other Scientific Purposes» (Strasbourg, 1986). [24].

OBTAINING AND CULTURE OF MMSCs FROM BONE MARROW AND TENDON TISSUE.

MMSCs from bone marrow (BM-MMSCs) were obtained from femurs of rats weighting 100-150 g ($n = 7$). The cells were collected by washing

of resected bone fragments (3-4 mm) with Hanks solution followed by passing through the needle with a decreasing diameter. The next step included centrifugation at 1500 rpm for 5 minutes. The resulting cell suspension was plated into 25 cm² culture flasks (PAA, Austria) at concentration 10³ cells/cm².

The primary suspension of cells from the tendon tissues was obtained from bioplates by enzymatic digestion. For this, tissue samples were washed with Hanks solution (PAA, Austria) with 150 μ g/ml gentamicin (Farmak, Ukraine) and incubated in 1.5 mg/ml collagenase type II (PanEco, Russia) at 37 °C for 18 hours. Cells were isolated by resuspending followed by centrifugation at 1500 rpm for 3 min. A culture medium was added to the pellet and seeded into a culture flask at density 1•10⁴ cells/cm².

The complete growth medium in all cases consisted of IMDM medium (PAA, Austria), 10 % of the fetal bovine serum (FBS) (HyClone, USA), 150 μ g/ml kanamycin (Farmak, Ukraine) and 5 μ g/ml amphotericin B (PAA, Austria). The culture medium was changed every 3 days. The standard cultivation conditions in a CO₂-incubator at 37 °C in an atmosphere of 5 % CO₂ (Sanyo, Japan) were used in the study. Upon reaching the monolayer, the cells were subcultured using 0.25 % trypsin solution and Versene solution in the ratio 1:1.

CRYOPRESERVATION OF MMSCs. Cryopreservation of MMSCs cultures was carried out under the protection of 10 % of DMSO (PanEco, Russia) with an addition of 20 % FBS. Cryoprotector solution was prepared on a nutrient medium. The resulting suspensions were placed in 1 ml Nunc[®] cryovials (Thermo Scientific, USA). The cooling rate was 1 °C/min to -80 °C, followed by storage in liquid nitrogen [25]. The thawing was performed in a water bath at 40 °C until a liquid phase appeared. The removal of the cryoprotectant was carried out by adding Hanks solution (PAA, Austria) at 1:9 ratio followed by centrifugation at 1500 rpm for 5 minutes. When culturing the studied cells after cryopreservation, the same conditions were used as for primary cultures.

OBTAINING PLASMA RICH IN GROWTH FACTORS. Whole blood (2 ml) was collected from the rat's tail vein, and then centrifuged in a sterile tube for 8 minutes at 1500 rpm. After layer stratification of blood by centrifugation, a layer of plasma rich in growth factors (0.2 ml) was aspirated directly over a layer of leukocytes under sterile conditions using an insulin syringe according to the standard procedure [17].

APPLICATION OF GROWTH FACTORS IN THE CULTURE OF CRYOPRESERVED MMSCs. To determine the effect of recombinant bFGF protein (Sigma-Aldrich, USA) on morphological and proliferative characteristics of cryopreserved MMSCs, they were cultured for 10 days. The nutrient medium consisted of IMDM, 10 % FBS, 15 ng/ml bFGF [11, 20, 26]. The control samples were cryopreserved cultures of MMSCs, cultivated without factor use.

To determine the effect of PRGF on morphological and proliferative characteristics of cryopreserved MMSCs, cultivation was performed for 10 days. The nutrient medium consisted of IMDM, 10 % PRGF. Control samples were cultures of cryopreserved MMSCs cultivated without PRGF.

ANALYSIS OF MMSCs PROLIFERATION. In the studied cultures of MMSCs of bone marrow and tendon tissue, with or without growth factors, the proliferative activity was determined at 1, 3, 7, 10 days in culture using the MTT assay [27]. Measurement of the optical density of the formazan solution in the supernatant was performed on photo colorimeter KFK-2-UHL4.2 at 540 nm. As a control, a culture medium without cells was used.

ANALYSIS OF MMSCs MIGRATION (IN VITRO SCRATCH ASSAY). The ability of MMSCs to migrate was determined by the rate of healing pattern of a defect in cell monolayer. For this, MMSCs in the amount of 1.5•10³ cells/cm² were seeded in 6-well plates and cultured for 10 days until the confluent was formed, and then a scratch of a monolayer (defect size of 20x10 mm) was performed using a plastic scraper. On the 4th and 7th days, cell cultures were fixed in a 4 % paraformaldehyde solution followed by staining with azur-II and eosin (Romanowsky-Giemsa stain).

A light microscope was used to count the number of cells in the defect zone per 1 cm² of area.

ANALYSIS OF COLLAGEN TYPE I EXPRESSION. The staining of MMSCs colonies for collagen type I was carried out using monoclonal antibodies to COL-1 (*Sigma-Aldrich*, USA, Cat. No. C2456) at 1:2000 and CFTM488A (*Sigma-Aldrich*, USA, Cat. No. SCJ4600014) according to the manufacturer's instructions. Paraformaldehyde-methanol fixation of cell cultures was used. Fluorescence microscopy was performed using a confocal scanning microscope LSM 510 Meta (*Carl Zeiss*, Germany). The samples were further stained with a luminescent dye DAPI (*Sigma*, USA) at 1 µg/ml for 30 min to visualize cell nuclei.

STATISTICAL ANALYSIS. Statistical data analysis was performed using MS Office Excel 2007 (*Microsoft*, USA) and Statistika 8 (*StatSoft Inc.*, USA) software. At the normal distribution of variables, the significance of difference between groups was evaluated using Student's t-test. The results are presented as a mean and standard error ($M \pm m$); differences are significant at $p \leq 0.05$.

RESULTS AND DISCUSSION

PROLIFERATIVE ACTIVITY OF CRYOPRESERVED MMSCs OF BONE MARROW OR TENDON TISSUE UNDER THE INFLUENCE OF bFGF OR PRGF.

When culturing cryopreserved BM-MMSCs with bFGF and PRGF, the growth pattern was similar, but cell growth was significantly higher with the application of PRGF on the 3rd and 7th days compared to bFGF (Fig. 1). On the 7th day of cultivation of BM-MMSCs with PRGF, cell growth was 2.3 times higher, with bFGF applied – 1.5 times as much as control. On the 10th day in culture BM-MMSCs with PRGF, the cell growth was above 1.3 times, the application of bFGF – 1.2 times compared to the control.

The proliferative activity of cryopreserved TT-MMSCs with bFGF was significantly increased by 1.2 times on the 7th day and 1.3 times by on the 10th day of cultivation compared with the control (Fig. 2). The use of the PRGF did not lead to significant changes in the investigated index for control.

Thus, the use of the bFGF and PRGF in culture of the studied cells resulted in a significant increase in their proliferative activity. Our results are consistent with those of other authors [28], which show that bFGF is a powerful angiogenesis stimulator and a regulator of cell migration and proliferation, which provides a precondition for application this growth factor as a therapeutic agent to improve the recovery of damaged tissues.

MIGRATORY ACTIVITY OF CRYOPRESERVED MMSCs FROM BONE MARROW OR TENDON TISSUE UNDER THE INFLUENCE OF bFGF OR PRGF.

The migration ability of cells has a direct impact on the efficiency, character and rate of damaged tissue regeneration. The rate of migration depends on the properties of the cells itself, and on the microenvironment, they are located in. Therefore, the next stage of the study was the study of migratory activity of cryopreserved MMSCs of bone marrow and tendon tissue by determining the rate of healing a defect of a monolayer during cultivation.

The obtained results (Fig. 3) indicated a probable increase in the density of cells in the defect area when cultivated the BM-MMSCs with the PRGF 1.6 times on the 4th day and 1.4 times on the 7th day with respect to control. The use of bFGF also increased the migratory activity of the BM-MMSCs on the 7th day of observation by 1.4 times compared to control. There were no significant differences between the groups with application of bFGF or PRGF on the 7th day.

The results of determining the migration activity of TT-MMSCs with the application of bFGF or PRGF are shown in Fig. 4. On the 4th day, no significant differences were found between the groups using bFGF and SFRF respecting control. The application of bFGF on the 7th day resulted in a significant increase in relative number of cells by 1.2 times in comparison with control.

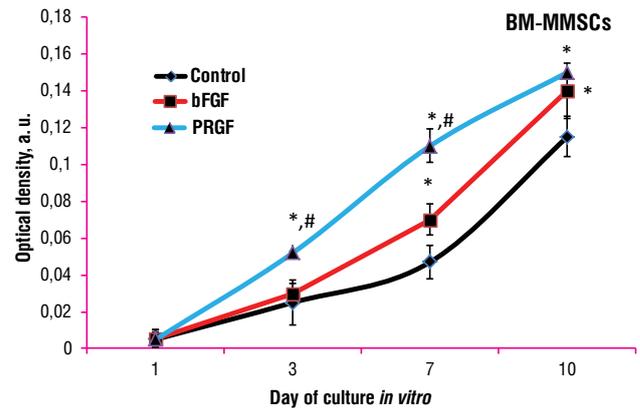


Fig. 1. Optical density of the culture medium, as a results of the MTT assay in the dynamics of cultivation of cryopreserved BM-MMSCs with the bFGF or PRGF ($n = 6$, $M \pm m$).

Notes: * – differences are significant compared to control group; $p < 0.05$; # – differences are significant compared to bFGF application group, $p < 0.05$.

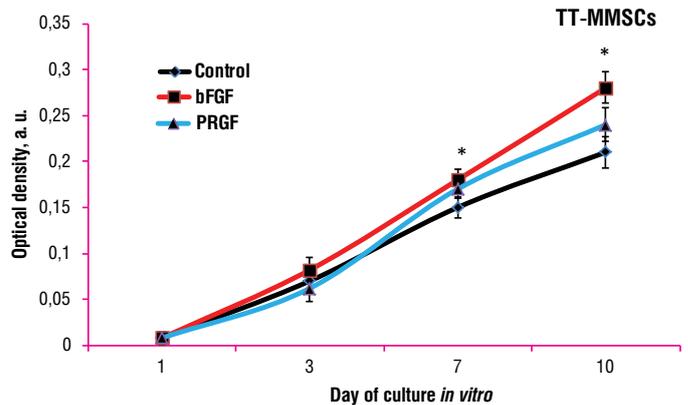


Fig. 2. Optical density of the culture medium, as a results of the MTT assay in the dynamics of cultivation of cryopreserved TT-MMSCs with the bFGF or PRGF ($n = 6$, $M \pm m$).

Note: * – differences are significant compared to control group, $p < 0.05$.

SYNTHESIS OF COLLAGEN TYPE I OF CRYOPRESERVED MMSCs OF BONE MARROW OR TENDON TISSUE UNDER THE INFLUENCE OF bFGF OR PRGF.

The culture of BM-MMSCs was characterized by the presence of spindle-shaped and sail-shaped cells, 89.6 ± 2.7 % of which were positively stained for collagen type I (Fig. 5). In the case of bFGF application, the number of cells expressed collagen type I was 90.4 ± 3.2 %. At the application of PRGF, there was a decrease in the relative number of collagen-positive cells (74.2 ± 2.7 %, $p < 0.05$), which is probably due to increased proliferative activity of the cells, which lead to reduction of collagen genes expression [29].

TT-MMSCs during cultivation had spindle-shaped and triangular-shape forms with a homogeneous cytoplasmic density. The relative number of cells which synthesized collagen type I in the control was 73.4 ± 2.5 %. Addition of bFGF did not lead to a significant change in the relative number of cells (73.2 ± 1.5 %). The application of PRGF resulted in an increase in the relative number of cells that were positively stained for collagen type I (82.1 ± 3.6 %, $p < 0.05$).

Obtaining a therapeutic dose of cells to repair damaged tissue requires multiplication of stem cells in the culture. Cultivation is a time-dependent process, which is a limiting factor at the stage of cell therapy. The improving of cell proliferation while preserving their basic

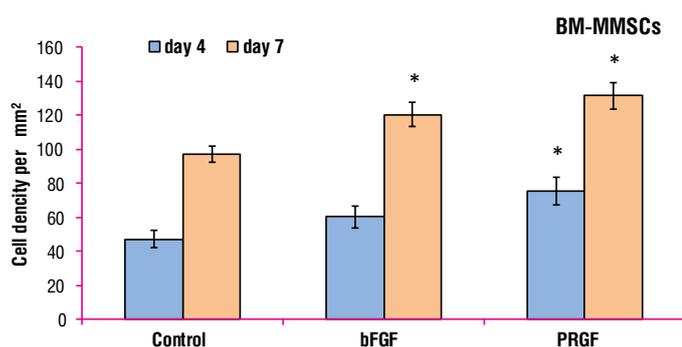


Fig. 3. Histograms of cell density in the defect of cell monolayer of cryopreserved BM-MMSCs cultured with bFGF or PRGF (n = 6, M ± m). Note: * – differences are significant compared to control group, $p < 0.05$.

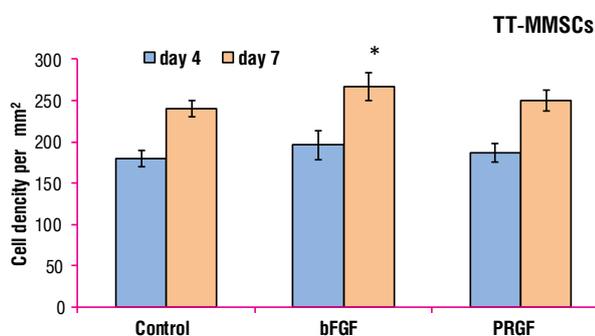


Fig. 4. Histograms of cell density in the defect zone of cell monolayer of cryopreserved TT-MMSCs cultured with bFGF or PRGF (n = 6, M ± m). Note: * – differences are significant compared to control group, $p < 0.05$.

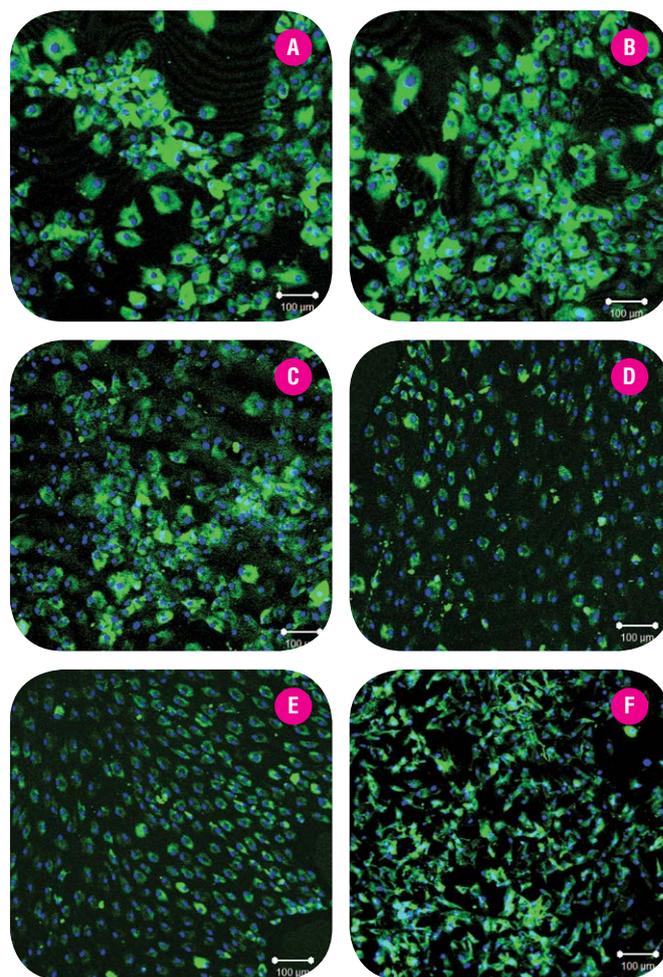


Fig. 5. Microphotographs of BM-MMSCs (A-C) and TT-MMSCs (D-F) cultures on the 10th day of cultivation: control (A, D), addition of bFGF (B, E), addition of PRGF (C, F). Fluorescence microscopy, immunocytochemical staining for collagen type I (green), nuclei stained by DAPI (blue).

morpho-functional characteristics is possible due to the application of growth factors. The latter are able to regulate cell functions in an autocrine or paracrine ways. They initiate intracellular cascades of the signal transduction while tyrosine kinase receptor is binding to the cell surface. It was shown that bFGF, PDGF, and IGF-1 take an active part in the chemotaxis, proliferation and differentiation of the tendon cells, as well as in the production of extracellular matrix and regeneration. The use of bFGF can accelerate the healing of the damaged tissue of the popliteal tendon, most likely by stimulating the proliferation of fibroblasts, activating the synthesis of collagen and increasing the cell density in the supraclavicle tendons [30]. Other studies *in vitro* and *in vivo* have shown that bFGF also promotes angiogenesis and regulates cell migration in the tendon [31].

An alternative way of obtaining a set of growth factors involved in the regulation of cell functions may be the use of PRGF. Results of Anitua E. et al. indicate that application of PRGF stimulates the migration of tenocytes and synovial fibroblasts by 231.8 and 380.7 % respectively, compared with native non-stimulated cells [32]. In addition to the cell migration ability, PRGF significantly increases the proliferation and adhesion of fibroblasts to the collagen type I matrix [33]. In *in vitro* experiments, PRGF also increases proliferation, migration, and chemotaxis of osteoblasts. In addition, PRGF significantly enhances the autocrine expression of proangiogenic factors (VEGF, HGF) and markers of osteoblastic activity (procollagen I, osteocalcin, alkaline phosphatase) [34].

Consequently, to optimize the proliferative activity of cells, one can use both separate growth factors and their combinations. We have shown that in the case of BM-MMSCs, the application of PRGF leads to an increase in their proliferative and migration activity, which is combined with a decrease in the relative number of cells that produce collagen type I. When in TT-MMSCs culture, on the contrary, bFGF activates proliferation and cell migration as compared to control without adding growth factor to the culture medium.

The study should be considered as one of the attempts to determine the optimal potential source of MMSCs in combination with growth factors for application in regenerative medicine. Although in most cases the mechanisms by which transplanted cells stimulate the regeneration of damaged tissues are currently underdeveloped, the results contribute to their understanding and may be useful in the development of therapeutic strategies for a variety of the tendon tissue diseases.

CONCLUSION

1. **Cultures of cryopreserved stromal cells derived from bone marrow or tendon tissues of rats retain the ability to proliferate, migrate and produce collagen type I in vitro.**
2. **The application of plasma rich in growth factors contributes to the increase in the proliferation and migration ability of cryopreserved bone marrow-derived MMSCs along with a decrease in the relative number of cells that express collagen type I.**
3. **Cultures of cryopreserved tendon tissue-derived MMSCs exhibit greater sensitivity to the influence of the fibroblast growth factor than that of plasma rich in growth factors that manifests itself in increasing the ability of cells to proliferation and migration.**

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