Until now, ischemic heart disease and chronic heart failure (HF) remain the biggest problem of health care in the world [1]. Due to diseases of cardiovascular system and reduction of heart pumping function millions of people live with HF [2]. There were developed many methods of HF treatment, but in some cases they do not solve the problem. One of the newest and prospective approaches is stem cells (SCs) transplantation. In most researches SCs transplantation led to significant improvement of contractile ability of the left ventricle (LV) myocardium in both animals [3] and people [4, 5] at ischemia lesion. It was proved that stem cells improve patients’ survival and quality of life [6]. However, several other studies have shown a chance of complications and adverse side effects at SCs transplantation [7-9]. These differences are explained by the use of SCs from various sources and, consequently, with different properties.

Experiments on animals have shown an effectiveness of cord blood stem cells (SCs) in restoration of myocardial contractility. But there is not enough information about the use of this SCs type at heart lesion in people.

Therefore, the aim of this study was to analyze the effect of cord blood SCs transplantation on impaired myocardial contractility of patients with chronic heart failure.

MATERIALS AND METHODS. According to the data echocardiography we analyzed the changes of intracardiac hemodynamics in patients with decreased myocardial contractility, who underwent intravenous transplantation of cord blood stem cells in case of ineffective traditional conservative therapy schemes of heart failure (HF).

RESULTS. Left ventricular ejection fraction before cord blood stem cells transplantation was 22.0 ± 5.0%, 1 month after SCs transplantation – 22.3 ± 6.5%, and in 3 months – 26.5 ± 7.8% (p < 0.05). The average stroke index increased from 21.3 ± 3.5 ml/m² before transplantation up to 29.0 ± 8.5 ml/m² 3 months after SCs transplantation (p < 0.05). Statistically significant changes of diastolic function parameters (index e’, E/A, E/e’) and venous stasis have not been established. Before transplantation local cell contractility index (LCI) of basal and middle segments was 2.43 points; 1 month after transplantation LCI decreased to 2.38, and after 3 months – up to 2.18 points (p <0.05).

CONCLUSION. In a short term (1-3 months) after transplantation of cord blood cells there was demonstrated a partial restoration of parameters that characterize left ventricular systolic function, and a significant improvement of impaired heart rate mechanics. No negative effects, complications and side effects have been recorded in short periods of observation after transplantation of cord blood cells.

KEYWORDS: chronic heart failure; left ventricular ejection fraction; cord blood stem cells; cell therapy
in human. Therefore, the aim of this study was to analyze the effect of cord blood SCs transplantation on impaired myocardial contractility of human heart.

MATERIAL AND METHODS

The research was based on the analysis of the period after transplantation in short terms in 6 patients with HF stage IIa-IIb, III-IV functional class by NYHA and low (less than 35%) ejection fraction (EF) of LV. The traditional scheme of conservative HF treatment (beta blockers, ACE inhibitors and diuretics) in this group of patients was not effective. General characteristics of the group are summarized in Table 1. Evaluation of cell therapy efficiency in patients with impaired myocardial contractility was performed at baseline; before cell transplantation and at the end of the 1st and 3rd months after transplantation.

SCs transplantation in patients was performed by their informed consent in accordance with the clinical trial program of cell drug “Cryopreserved human umbilical cord blood”. The cell preparation include of immature committed hematopoietic progenitors and mature blood cells. The number of nucleated cells in the samples ranged from 0.89·10⁹ to 0.95·10⁹, the number of mononuclear cells – from 0.486·10⁹ to 0.520·10⁹, CD34+ cells – at least 1.00 ± 0.01·10⁹. Cell suspension, diluted in 200 ml of saline, was injected intravenously at a rate of 2-3 ml/min.

Echocardiography of patients was performed using ultrasound scanner Apio 500 (Toshiba, Japan). For the assessment of intracardiac hemodynamics and indicators of systolic and diastolic function of the heart muscle we used generally accepted methods [14]. To detect local contractile disorders, LV was conventionally divided into segments, located in the complex of conservative treatment of chronic HF of ischemic patients with myocardial ischemic lesions before SC transplantation (n = 6).

RESULTS AND DISCUSSION

The output state of intracardiac hemodynamics in all studied patients was characterized by reduction of both systolic and diastolic function. Results of patients’ examination are generalized in Table 1. Thus, there was registered a significant reduction in LV EF and stroke index (SI). Reduction of LV EF is caused by a significant decrease of end-systolic index (ESI) with a relatively normal value of end-diastolic index (EDI). Hyperkinesis or aneurysms were not registered in the studied basal and middle segments of sections. We detected significant contractility abnormality in 71% of them. LCI of basal and middle segments was 2.4 points.

Reduction of diastolic heart function in patients with heart failure was manifested by reduction of indicator of early diastolic speed of mitral annulus movement (e’) in the patients up to 7.2 ± 0.42 cm/s (from 8.9 to 7.8). That testifies to the slowing of LV relaxation. Ratio of peak velocities of early and late diastolic filling of LV (E/A) was within the normal range (1.58 ± 0.33; range 1.2-2.0), which we treated as a pseudo normalization and diastolic dysfunction type II. The ratio value of early diastolic filling velocity of LV to the index of early diastolic velocity of the annulus (figure E/e’) was in the range of intermediate values (10.4 ± 2.1 (from 6.9 to 13.4) and did not give unambiguous interpretation.

There was a venous congestion in a systemic circulation, with increase of pressure in the right atrium and changing conditions of blood flow through the heart valves. Thus, before SCs transplantation mean right atrial pressure was 10.3 ± 3.4 mm (from 7 to 16). The average diameter of the inferior vena cava was 17.0 ± 2.6 mm. (from 15.2 to 20), and its average collapse at inhale – 64.0 ± 5.3% (60 to 70). Before SCs transplantation pulmonary hypertension was registered in 50% of patients, but it was not manifested clinically. Thus, the average systolic pressure in the pulmonary artery (PA) was 35.0 ± 12.1 mm (from 22 to 52). These hemodynamics changes in the right heart could be explained by the decrease of pump function of LV, which led to blood stagnation in pulmonary circulation and, as a consequence, to volume overload of the right ventricle and development of right heart failure.

In addition, before SCs transplantation all patients had dysfunction of the heart valves. Thus, in 16.6% of patients there was expressed regurgitation on mitral valve, in 33.3% – moderate, in the other 50% – minimal or slight. Regurgitation on the tricuspid valve in 16.6% of patients was expressed and in other 16.6% – moderate. Regurgitation in aortic valve was minimal and clinically insignificant. Geometric parameters of the heart chambers were about the age norm of patients.

In a short time after SCs transplantation there was registered positive dynamics of the major indicators of intracardiac hemodynamics and parameters of myocardial reduction compared to the initial state (Table 3). In a month the changes of the parameters were not significant, but in 3 months after SCs transplantation EF growth was 27%, and SI growth was 36% from the initial state. It could indicate an improvement of LV function. In the analysis of changes in segmental contraction we registered the reduce of segments with significant myocardial disorders (see Table 2): 1 month after SCs transplantation LCI decreased to 2.4, and after 3 months – up to 2.2 points. Thus, SCs transplantation in the complex of conservative treatment of chronic HF of ischemic
A month after SCs transplantation echocardiographic pattern of diastolic dysfunction remained. Indicator E/A did not change significantly over a short observation period: in 1 month – 1.60 ± 0.14, and in 3 months – 1.73 ± 0.17. However, there was an increase of indicator e’ to normal values by the end of the 1st month of observation 11.0 ± 3.3 cm/s (from 7.2 to 12.9), and by the end of the 3rd month – 10.9 ± 3.7 (from 8.4 to 15.2). Index E/e’ to the end of the 1st month of observation corresponded to normal values – 6.2 ± 1.8 (from 4.4 to 8), but at the end of the 3rd month this indicator was ambiguous – 9.4 ± 3.2 (from 6.6 to 12.8). Thus, despite minor fluctuations in diastolic dysfunction at the end of the 1st month of observation, there was recorded a tendency to improvement of heart diastolic function.

Venous congestion in the system of the inferior vena cava was significantly expressed. Thus, average diameter of the inferior vena cava was 20.3 ± 2.8 mm (from 15.6 to 23.7), while the average collapse during inhalation was 51.7 ± 12.2% (from 40 to 72). Average pressure in the right atrium was 10.8 ± 2.9 mm (from 7 to 15). Therefore, hemodynamics of the right atrium and the inferior vena cava system has not changed during the first month after SC transplantation. By the end of the 3rd month of observation we registered the following changes of EchoCG indices of heart diastolic function: an average pressure in the right atrium was 10.2 ± 3.6 mm (from 6 to 15); an average diameter of the inferior vena cava was 18.5 ± 3.1 mm (from 14 to 22), with an average collapse during inhalation – 41.2 ± 14.8% (from 21 to 60).

Registered change of inferior vena cava collapse during inhalation (up to the 3rd month of observation average collapse decreased by 23%).

Table 3. Intracardiac hemodynamics and disorders of local contractility before and in short periods of observation after SCs transplantation (n = 6).

<table>
<thead>
<tr>
<th>INDEX</th>
<th>1ST MONTH</th>
<th>% FROM INITIAL STATE</th>
<th>3RD MONTH</th>
<th>% FROM INITIAL STATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ejection fraction of left ventricular</td>
<td>22.3 ± 6.5% (from 16 to 29)</td>
<td>+ 1.4</td>
<td>28.5 ± 7.8% (from 23 to 34)</td>
<td>+ 27.3*</td>
</tr>
<tr>
<td>Stroke index</td>
<td>20.7 ± 8.4 ml/m2 (from 11 to 26)</td>
<td>- 2.8</td>
<td>29.0 ± 8.5 ml/m2 (from 23 to 35)</td>
<td>+ 36.2*</td>
</tr>
<tr>
<td>End-systolic index</td>
<td>70.3 ± 13.7 ml/m2 (from 61 to 86)</td>
<td>- 10.2</td>
<td>73.5 ± 6.4 ml/m2 (from 69 to 78)</td>
<td>- 6.1*</td>
</tr>
<tr>
<td>End-diastolic index</td>
<td>91.0 ± 19.5 ml/m2 (from 72 to 111)</td>
<td>- 8.8</td>
<td>102.5 ± 2.1 ml/m2 (from 101 to 104)</td>
<td>+ 2.7*</td>
</tr>
<tr>
<td>The average number of segments with normokinesis in the basal and middle sections</td>
<td>4.0 (33%)</td>
<td>+ 14.3*</td>
<td>5.2 (43%)</td>
<td>+ 47.6*</td>
</tr>
<tr>
<td>The average number of segments with hypokinesis in the basal and middle sections</td>
<td>5.2 (43%)</td>
<td>- 3.14</td>
<td>4.3 (36%)</td>
<td>- 18.8</td>
</tr>
<tr>
<td>The average number of segments with akinesis in the basal and middle sections</td>
<td>2.8 (24%)</td>
<td>- 10.5*</td>
<td>2.5 (12%)</td>
<td>- 21.1*</td>
</tr>
</tbody>
</table>

Note: * – p<0.05 compared with the initial state.

CONCLUSIONS

Analysis of the EchoCG changes demonstrated that transplantation of cord blood stem cells in patients with chronic heart failure leads to the recovery of the affected myocardium, resulting in progressive improvement of myocardial contractility in early term after transplantation (1-3 months).

Thus, the SCs transplantation can be an effective procedure in the complex with conservative treatment of cardiovascular system diseases, accompanied by systolic heart failure.

No negative effects, complications and side effects have been recorded in short periods of observation after transplantation of cord blood cells. These preliminary positive results of cord blood SCs transplantation in patients with ischemic myocardial injury give reasons to continue the study.
REFERENCES


The authors indicate no potential conflicts of interest.

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